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**1. Introduction**

Main text

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2.1. Subheading

2.1.1. Subsubheading

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2.1.2. Subsubheading

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**Figure 1.** Caption.

**Table 1**. Table Caption.

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All funding resources should be identified and clarified. Please clearly indicate the financial support for the conduct of the research and/or the cover of the publication costs. If funding received, please state the following wording: “This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors.”

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Figure S1: Title; Table S1: Title; Video S1: Title.

**Acknowledgments**

Acknowledge anyone who contributed substantially to the work but do not meet the authorship criteria. Do not include their titles. Do not include funding sources in the Acknowledgments.

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Each author should contribute substantially to the work. Authors are recommended to refer to the [**CRediT**](https://credit.niso.org/) roles:

Conceptualization: A.B.;

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Formal analysis: A.B., & C.D.;

Funding acquisition: A.B., C.D., & E.F.;

Investigation: A.B.;

Methodology: A.B.;

Project administration: A.B.;

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There can be more than one appendix. Each appendix must be labeled with a letter (A, B, C, etc.). All of the appendices must be cited in the main text.

If appendices include tables or figures, treat them as they would be treated in the main text. Exception to the tables/figures numbering rule: add the letter of the appendix (A, B, C, etc.) to the figure or table number (e.g., **Figure A1**, **Table A1** would be the first figure and table in Appendix A, respectively).

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**Figure A1.** Caption.

**Table A1**. Table Caption.

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